

DATOS DEL ASPIRANTE	CALIFICACIÓN
<p>Apellidos: _____</p> <p>Nombre: _____ DNI: _____</p> <p>IES: _____</p>	<p>_____</p> <p>Numérica de 0 a 10, con dos decimales</p>

PRUEBAS DE ACCESO A CICLOS FORMATIVOS DE GRADO SUPERIOR
Convocatoria de 22 y 23 de junio de 2016 (Resolución de 24 de febrero de 2016, BOA 16/03/2016)

PARTE ESPECÍFICA: OPCIÓN 9 (SEGUNDA LENGUA EXTRANJERA: INGLÉS)

THE IRONMAN TRIATHLON

If you wanted to create a sport that really tested the levels of its competitors' physical fitness, you would find it difficult to think of anything as tough as the Ironman Triathlon. It is one of the most difficult one-day sporting events in the world. Believe it or not, it began in Hawaii in 1977 as a challenge between three friends. They wanted to compete against each other to find out who would win if they had a race which involved running, cycling and swimming.

The first Ironman Triathlon was a historic event. The three Hawaiian friends, together with 12 other enthusiastic fitness fanatics, spent seven months preparing for it. No doubt some of the first competitors would have trained harder if they had known how tough it was going to be. That's because, in the end, several competitors failed to complete the grueling challenge of a four-kilometre swim in the ocean followed by a 180-kilometre cycle and, finally, a 42-kilometre run. Since then, the event has grown worldwide. There have been triathlon championships in Europe since 1982 and the first Spanish competition took place in Santander.

As you might expect, since its beginning the triathlon has attracted outstanding athletes from all over the world. If there is one athlete who is particularly special in the sport's history, it has to be Lyn Lemaire, the first woman to complete the course. She became the first winner of the women's race at the Ironman championship in 1979. As a matter of fact, she only needed to finish the race to win as she was the only woman competitor in the field. She came fifth. Since then, many more women have participated in the competition.

Answer the following questions about the text:

1.- Are these statements true or false? Quote the evidence. (2 marks)

1.- The writer thinks that no other sport is as difficult as the Ironman Triathlon. _____

2.- In the triathlon, competitors swim more distance than they run. _____

2. - Answer these questions in your own words: (2 marks)

1. Why does the writer think that competitors should have prepared better for the first Ironman Triathlon?

2. Why was it easy for Lyn Lemaire to win the race?

3. - Find synonyms in the text. Here you have the definitions. (1 mark)

1. difficult _____

2. included _____

3. all over the world _____

4. exceptional _____

4. - Rewrite the sentences beginning with the words provided. (2 marks)

1 He didn't win the race although he had trained very hard.

He didn't win the race despite.....

2 The triathlon has attracted outstanding athletes from all over the world.

Outstanding athletes

5. - Composition: write a composition (about 120 words) on **ONE** of the following topics: **(3 marks)**

a. *The importance and benefits of sports:* **discuss**

b. *What's your **opinion** about extreme sports?*

CRITERIOS DE CORRECCIÓN:

El examen se califica sobre un total de 10 puntos. La puntuación parcial de cada una de las preguntas figura entre paréntesis al lado de cada enunciado.

- **En la pregunta 1** se otorgará un punto a cada frase, siempre que tanto la denotación de Verdadero o Falso como su justificación sean correctas. En el caso de que la justificación sea excesiva, se podrá otorgar medio punto por frase. No puntuarán aquellas respuestas en las que la denotación de Verdadero o Falso no vaya acompañada de su correspondiente justificación o esta sea incorrecta.
- **En la pregunta 2**, se valorará tanto el aspecto formal como la adecuación de cada respuesta a la cuestión formulada. En todo caso, se penalizará la reproducción fiel del texto.
- La calificación de las **preguntas 3 y 4** se establecerá en relación con la puntuación asignada a cada pregunta.
- **En la pregunta 5**, se observará, en primer lugar, que el aspirante se atiene en su escrito al tema propuesto y valorará su capacidad comunicativa en inglés, el uso correcto de las estructuras gramaticales (se penalizarán los errores ortográficos y la falta de coherencia sintáctica), el vocabulario adecuado y preciso (se penalizarán los usos impropios e imprecisos de las palabras) y el orden y coherencia en la exposición.